ROAD CLOSURE
Please note the following road closures & parking access routes on Sunday 28 April 2019:
Masabalala Yengwa (NMR); 05h30 - 14h30
Margaret Mncadi Ave; 05h30-08h30
M4 South; 05h30-08h30
M7 Edwin Swales & M19 to Pinetown; 06h00-09h30
M19 Pinetown to Umgeni Road; 06h15-10h00
Inanda Road (Springfield Park); 06h30-10h15
Riverside Road; 06h30-10h30
M4 North & South bound from Argyle Road to Umdloti; 06h30-14h00

Dear Rider
Thank you for your support for the 2019 aQuelle Tour Durban presented by Bridge Fund Managers. Our commitment to you is to provide the best possible cycle event in conjunction with aQuelle, Bridge Fund Managers, City of Durban and our registration partners Cycle Lab and media partner East Coast Radio. Durban has established itself as South Africa’s events capital and world class tourist destination, with the aQuelle Tour Durban one of the key events to showcase all Durban has to offer. With your continued support and that of the sponsors we are proud to have grown this event into one of SA’s iconic road races; and to have been able to make a significant contribution to the Greater Durban Community through our beneficiaries The Domino Foundation.
A few details you may want to review:

START TIMES
All batching and start times will have been SMS’d to your cell phone. Should you not have this, please visit the Cycle Events race office at registration.

105km: First Batch - 06h15, Last Batch 07h15
55km: From 09h10
45km: From 09h25
Kiddies Ride: 10h30 at People’s Park

No late arrivals will be allowed onto the route and any cyclist without an official race number will be removed.

PLEASE NOTE: Cyclists riding without race number will not have access to Medical Services provided by the race organisers.

MARSHALLING
Marshalls on the route are there to manage traffic and not direct you. Please be courteous and obey instructions. Police will be in attendance and cyclists must obey any instructions and give them right of way should they need access to the route.

PARKING
Parking is available in the parking lot opposite the People’s Park and Kings Park Swimming Pool or at Suncoast. There will be a parking fee.

Access to the parking will be from Argyle Road: turning on to Battery Beach Road past Suncoast main entrance and left under the N4 bridge to the parking area opposite Kings Park Swimming Pool.

Access from the North will be via Northway onto Athlone Drive to Blue Lagoon and along Snell Parade towards Suncoast, turning right at the circle just before Suncoast under the N4 to the parking opposite Kings Park Swimming Pool.

Riders will have to either cross the steel bridge across NMR to access the start area or use the ramp access from Moses Mabhida Stadium from the Virgin Active side.
WATER TABLES
There will be 4 water tables on route that will provide hydration and some snacks. Riders are requested to ensure that they ride with a water bottle as well. If you want any refreshments at the stations, please pull over to the left, slow down and stop. Trying to take on refreshments while riding is a hazard to you and your fellow cyclists and is not permitted.

The water tables are at the following points:
- Water Table 1: Top of the M7 - Approximately 36 km from the Start
- Water Table 2: M4 North on ramp at the end of Riverside Road. Approximately 56 km from the Start
- Water Table 3: Umhlanga Rock Off Ramp heading north on the M4 - Approximately 67 km from the Start.
- Water Table 4: Just after Umhlanga Rocks Off Ramp heading south on the M4 - Approximately 80 km from the Start.

Finish: Refreshments will be provided

ROUTE DESCRIPTIONS
All route descriptions are on the website at www.tourdurban.co.za

WARNING - BEWARE OF POTHOLES

PLEASE NOTE THERE ARE SOME DEEP CRACKS AND POTHOLES IN THE ROAD ALONG SOLON Mahlangu DRIVE (EDWIN SWALES DRIVE) SO BE EXTRA CAREFUL - STAY IN THE RIGHT HAND LANE, AND WARN YOUR FELLOW CYCLISTS OF ANY HAZARDS. ROAD WORKS ARE IN PROGRESS AT VARIOUS POINTS ALONG THE ROUTE SO TAKE EXTRA CARE IN THESE AREAS. BE ALERT AS YOU PASS THROUGH PINETOWN BETWEEN THE TOP OF THE M7 AND BEGINNING OF THE SHORT CLIMB UP THE M19 AND ALONG INANDA ROAD JUST BEFORE CHRIS HANI ROAD (NORTH COAST RACP FACTORY)

The M19 from Pinetown provides some superb riding, but please be cautious riding at high speeds in bunches.

100 KM
The race starts on Masabalala Yengwa Ave (NMR) outside the People’s Park proceeding south upon the north bound carriage way (contra flow). Participants will exit upon Sandile Thusi Road (Argyle) and turn left toward the M4 where participants will enter the Ruth First M4 south bound (contra flow) and proceed north taking the Fairway/Broadway on ramp and returning on the Ruth First M4 north bound (contra flow). Participants will exit the Ruth First M4 at Isiaah Nishangase Road and left upon Masabalala Yengwa Avenue in the south bound carriage. Participants will then exit over the same south bound of Masabalala Yengwa Avenue to Samoa Mache (contra flow) at the intersection of KE Masina Road, where they will continue south crossing over AB Xuma and Monty Naicker Streets, right upon Margaret Mncadi Avenue west bound and onto the M4 South. Exit onto Solomon Mahlangu Drive (Edwin Swales) and head west up the M7. The 12 km climb takes you to the 1st water table as you approach Pinetown. After a short climb out of Pinetown, riders descend down the fast M19. Please take care and be aware of other riders on this descent. At the bottom of the M19, riders turn left over the Umgeni River and turn right into Inanda Road. The route then crosses over Chris Hani Road (North Coast Road) into Riverside Road following a scenic route alongside the Umgeni River. The route then takes to the M4 North passing Umhlanga where there will be a water table and on to Umdloti where riders do a U-turn and head back South on the M4 to Durban. After crossing the Blue Lagoon bridge, continue south on the M4 for approximately 2.5 km before turning into a tight right turn into Sandile Thusi (Argyle Road) and then a tight right again onto Masabalala Yengwa (NMR) for the final dash for the finish line.

45 KM FUN RIDE
An out and back route starting at the Moses Mabhida Stadium taking cyclist along the northern coastline of Durban along the M4 North. After passing through Umhlanga and Sibaya, they then turn at the Umdloti and head southbound along the M4 to Durban and the finish line back at the Stadium.

55 KM CYCLOCROSS
The 55km Cyclocross starts at the stadium and follows the same route as the aQuelle Tour Durban 45km race with one 15km off-road section that takes you off the M4 at Sibaya Circle before joining back up with the M4 just before the Umdloti bridge.

KNOWING THE ROUTE IS THE CYCLIST’S RESPONSIBILITY. Marshalls are there to manage traffic and not direct you. Please be courteous and obey instruction. Metro Police will be in attendance and cyclists must obey any instruction and give them right of way should they need access to the route.

TIMING & RESULTS
Timing will be done by Racetec. Results can be found on their website - www.racetec.co.za

SAFETY AND ROAD CLOSURE
Thanks to the City of Durban, we will have full road closure and 3 monitored crossing points. Please ensure that you are alert at all times. As with the nature of events such as this, there will be someone who ignores the road closure and moves fencing and cones to get onto the route with a vehicle. Please allow official vehicle to pass you should they need to. Please obey traffic regulations and all traffic authorities.

KEEP IN THE LEFT HAND LANE AT ALL TIME AND DO NOT CROSS OVER THE MIDDLE LINE ON CORNERS AND BLIND RISES.

CUT-OFF TIMES
It is important that every rider knows and understands how the cut-off times work on race day. To ensure your safety and the smooth operation of the road closure management plan, these cut-off times will be strictly enforced. In reality they will not be an issue for any riders that have done the training, but to be sure that everyone is aware, the cut-off times that will be enforced are:
- Cut-off 1: Water Table 2 at 68km mark at 10h30
- Cut-off 2: Water Table 4 at 80km mark (Umhlanga) at 12h30
- Cut-off 3: Finish at Moses Mabhida Stadium at 13h30

MEDICAL
EMRS have a full medical setup in place throughout the route. Emergency numbers will be on your race numbers in case you need to contact anyone.

SWEEP VEHICLE AND RETIRING FROM THE RACE
A Sweep vehicle will follow behind the last rider on the course and pick up any rider that requires assistance. Should you not be able to continue riding, you can get a lift with the sweep vehicle or preferably, stop at one of the watering tables and you can leave your bike there if necessary.

MECHANIC SERVICE
CycleSphere will be providing support on route to all cyclists. Should you require any aid, please call Greg on 083 555 7216 and he will assist with technical items. Please note that you will have to pay at the time for any spares/repairs you require so either carry cash on you or you can make payment to the support team via Zapper or Snapscan en route. They will also have a team at the People’s Park at the start for any last minute emergencies.

TANDEMS
The Winner’s Prize Money is for the first single bicycle across the finish line. We request that tandems do not disrupt the single bicycle’s race.

HANDCYCLES
The Handcycles are being recognised as a racing category for this years event. Cyclists are requested not to assist any of the hand cyclists that are competing for podium positions, but are permitted to assist those handcyclists who may welcome a helping hand.

MEDALS
Medals will be handed out to participants at the finish line after completing the race.

PHOTOGRAPHS
Jetline Action Photo will be on route taking photographs. If you would like your photo taken, please attach an Action Photo sticker to your helmet to help the photographers identify you.

MOSES MABHIDA STADIUM & PEOPLE’S PARK
Once you have finished you will be directed into the PEOPLE’S PARK where you are invited to relax and meet up with family and friends to enjoy the great race day atmosphere.

KIDDIES RIDE AT THE PEOPLE’S PARK
The Choc Cows and Domino team will be hosting a Kiddies Ride for kids under the age of 10 years. Entry is free and kids are welcome to ride any kind of bike, scooter or any self or parent-propelled two-wheeler. Entries will be taken on race day at the Choc Cows and Domino gazebo at the Moses Mabhida stadium with the race set to take place around 11h30. With the emphasis on fun, participating kids can look forward to a cup of Huberto’s ice cream, a medal for completing the race plus refreshment from aQuelle.